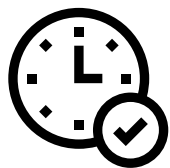


What are "Biennial and Less-Often" Preventive Services?



Services Covered by Medicare Part B



Services available to beneficiaries every two years, one-time, or multiple times based upon risk

Why should I complete these Preventive Services?



They are available to you at no or low cost



Identify cancers, such as colorectal and cervical, early on



Prevent illnesses commonly found in older adults

"When meditating over a disease, I never think of finding a remedy for it, but, instead, a means of preventing it."

- Louis Pasteur (1894)

For more information about Medicare Preventive Services

<https://qrco.de/bctzTI>



MEDICARE SAVES LIVES PART B AND PREVENTS ILLNESSES!

FOR MORE INFORMATION AND/OR ASSISTANCE WITH YOUR MEDICARE PART B PLAN:

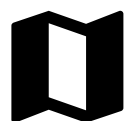
GO ONLINE TO:

OR CALL:

WWW.ALABAMAAGELINE.GOV 1-800-AGE-LINE

WWW.CMS.GOV 1-800-243-5463

[HTTPS://ONEDOOR.ALABAMA.GOV/](https://ONEDOOR.ALABAMA.GOV/)



Check out our other brochures listed below on www.alpharmacycares.org.

! Covered Preventive Services

! Covered Annual Preventive Services

! Navigating MyMedicare and Open Enrollment

! Covered Counseling & Education

Version Date: 2/23/23

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MEDICARE PART B YOUR GUIDE TO: COVERED BIENNIAL & LESS-OFTEN PREVENTIVE SERVICES



Navigating Medicare

WWW.ALPHARMACYCARES.ORG

Bring this tool to your Primary Care Provider to find out what services you may qualify for!*

- Abdominal Aortic Aneurysm Screening**
- Have a family history of abdominal aortic aneurysms **AND/OR**
 - Men age 65-75 and have smoked at least 100 cigarettes throughout lifetime
- Bone Mass Measurements**
- Women who are estrogen-deficient and at risk for osteoporosis **AND/OR**
 - A person with vertebral abnormalities **AND/OR**
 - A person getting or expecting to get steroid treatments **AND/OR**
 - A person taking osteoporosis drug(s) **AND/OR**
 - A person with hyperparathyroidism
- Cardiovascular Disease Screening**
- Everyone
- Cervical and Vaginal Cancer Screening**
- All women with Medicare
- Colorectal Cancer Screening**
- All people with Medicare 45 and older
- Hepatitis B Virus (HBV) Infection Screening**
- At high risk for HBV infection **AND/OR**
 - Are currently pregnant
- Hepatitis C Screening**
- Have current or past history of illicit injection drug use **AND/OR**
 - Had a blood transfusion before 1992 **AND/OR**
 - Were born between 1945-1965
- HIV Screening**
- Older than 65 and at an increased risk for the virus
- Immunizations**
- Vaccination history **AND/OR** risk factors

*For more information, you can refer to your MyMedicare.gov account **CMS: Preventive Services Interactive Chart** <https://qrco.de/bctytz>



Why are these Preventive Services important to get?

- Abdominal Aortic Aneurysm Screening**
13th leading cause of death in the U.S. with older adults at high risk
- Bone Mass Measurements**
Osteoporosis, due to low bone mass, can commonly cause fractures
- Cardiovascular Disease Screening**
1 in 5 deaths in the U.S. is due to CVD
- Cervical and Vaginal Cancer Screening**
Over 20% of all cervical cancers are found in women over 65
- Colorectal Cancer Screening**
Nearly 70% of all colorectal cancers are diagnosed in older adults
- Hepatitis B Virus Infection Screening**
Nearly 5% of adults over the age of 50 have been infected with HBV
- Hepatitis C Screening**
Over 75% of adults currently living with Hep. C were born between 1945-1965
- HIV Screening**
More than half of all HIV diagnoses are found in adults over the age of 50
- Immunizations**
Pneumococcal disease kills thousands in the U.S. annually, with the majority ages 65 years and older

What are the services and how much do they cost to beneficiaries?

Service	Cost to Members
One-time abdominal aortic aneurysm ultrasound	Pay Nothing
Bone mass measurements every 24 months	Pay Nothing
One test every 5 years	Pay Nothing
Pap test and pelvic exam every 24 months	Pay Nothing
A variety of tests are available every 12, 36, 48, and 120 months	Pay Nothing for Most Tests
Yearly test if high risk or multiple when pregnant	Pay Nothing
One-time test or yearly test if high risk	Pay Nothing
Yearly test or up to 3 tests during a pregnancy	Pay Nothing
Pneumococcal and Hep. B	Pay Nothing