




What are "Preventive Services"?


 Services covered by Medicare Part B to help keep you healthy

 Can be completed annually, every other year, or more often if recommended by your provider

 Includes services such as exams, shots, lab tests and screenings, and other health programs

Why should I complete Preventive Services?

 Find health problems early and prevent diseases and chronic illnesses

 Help monitor illnesses and discover the best treatment plans for you

 They are available to you at no or low cost

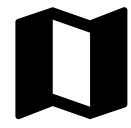
For more information about Medicare Preventive Services






<https://qrco.de/bctzTI>

MEDICARE SAVES LIVES PART B AND PREVENTS ILLNESSES!

FOR MORE INFORMATION AND/OR ASSISTANCE WITH YOUR MEDICARE PART B PLAN:

GO ONLINE TO: WWW.ALABAMAAGELINE.GOV OR CALL: 1-800-AGE-LINE
WWW.CMS.GOV 1-800-243-5463
[HTTPS://ONEDOOR.ALABAMA.GOV/](https://ONEDOOR.ALABAMA.GOV/)

 Check out our other brochures listed below on www.alpharmacycares.org.

-  Navigating MyMedicare and Open Enrollment
-  Covered Annual Preventive Services
-  Covered Biennial & Less Often Preventive Services
-  Covered Counseling & Education

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MEDICARE PART B YOUR GUIDE TO: PREVENTIVE SERVICES



WWW.ALPHARMACYCARES.ORG

Bring this tool to your Primary Care Provider to find out what services you may qualify for!*

- Abdominal aortic aneurysm screening
- Alcohol misuse screenings & counseling
- Bone mass measurements (bone density)
- Cardiovascular disease screenings
- Cardiovascular disease (behavioral therapy)
- Cervical & vaginal cancer screening
- Colorectal cancer screenings
- Depression screenings
- Diabetes screenings
- Diabetes self-management training
- Glaucoma tests
- Hepatitis B shots
- Hepatitis B Virus (HBV) infection screening
- Hepatitis C screening test
- HIV screening
- Lung cancer screening
- Mammograms (screening)
- Nutrition therapy services
- Obesity screenings & counseling
- One-time "Welcome to Medicare" preventive visit
- Prostate cancer screenings
- Sexually transmitted infections screening & counseling
- COVID-19 shot(s)
- Flu shot(s)
- Hepatitis B shot(s)
- Pneumococcal shot(s)
- Tobacco use cessation counseling
- Yearly "Wellness" visit

*For more information, you can refer to your MyMedicare.gov account **CMS: Preventive Services Interactive Chart** <https://qrco.de/bctytz>



Complete your "Welcome to Medicare" Visit

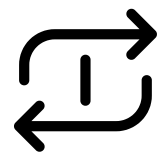
START

Annually



Complete your Yearly "Wellness" Visit

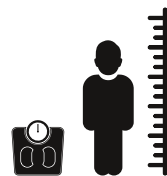
First: Complete your "Welcome to Medicare" Visit



A one-time preventive visit covered within the first 12 months that you have Medicare Part B



An opportune time to communicate with your primary care provider



Includes: A routine physical exam, a review of your medical and social history, potential substance use risk review, and more

Why should you complete your "Welcome to Medicare" Visit?



Provides a jump-start to making personalized, healthy choices

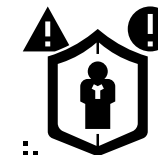


Get education about preventive services you may qualify for

Next: Complete your yearly "Wellness" Visits

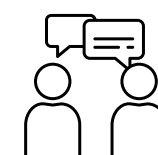


A yearly "wellness" visit covered if you've had Medicare Part B for more than 12 months

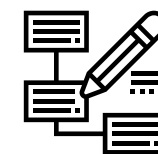


Includes: A health risk assessment, a chance to update your list of prescriptions and providers, and receive a routine physical exam

Why should you complete your Yearly "Wellness" Visits?



An opportunity to receive updated, personalized health advice



A chance to develop or update your personalized prevention plan based on your current health while tracking changes year-to-year